



National EOSinophilic Week

raising awareness for eosinophilic diseases

4-10 August 2024

#NEOSW2024



Did you know?

- An endoscopy with biopsies is needed to diagnose an EGID.
- People with EoE commonly have other allergic diseases such as food allergies, asthma, eczema and/or hay fever.
- An elimination diet is one treatment option for EoE which is why ausEE invites people to take the Top 8 Challenge on 8/8 to raise awareness and funds for research.

Eosinophils are a type of white blood cell that play a role in certain medical conditions and immune responses. If a person has too many eosinophils, it may be a sign of an eosinophil-associated disease (EAD). The diagnosis depends on where in the body the eosinophils are found.

In eosinophilic gastrointestinal diseases (EGIDs), the eosinophils build up in the gastrointestinal tract and can cause inflammation and tissue damage. Eosinophilic oesophagitis (EoE) is the most known type of EGID and is estimated to affect 1 in 1,000 people. Symptoms can include trouble swallowing, nausea, vomiting, reflux, stomach or chest pain or food getting stuck in the oesophagus (food pipe).

Eosinophilic diseases require ongoing monitoring and management and can greatly impact quality of life.

eosaware.com



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