Being Henry

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Preface

Being Henry is the second book from ausEE, which is a charity and not-for-profit organisation providing support to those affected by an Eosinophilic Gastrointestinal Disorder.

The first book ‘Meet Arabella’ follows the journey of a young girl to her diagnosis. ‘Being Henry’ picks up where Arabella left off and explores living with an Eosinophilic Gastrointestinal Disorder.

Henry realises that he might be different in what he can eat, but he can do so many wonderful things just like other kids!

Do you know someone like Arabella or Henry?

The real Henry and Bella!
Henry is a very energetic four-year-old boy who likes to...
...play at the park

...ride his bike and

...have fun with his friends.
Henry is just like everyone else, except that he can’t eat most of the foods his friends eat.
Another doctor, called an allergist, visits with Henry as well to check up on him.

Sometimes the doctors even do tests to see if Henry has grown out of any of his food allergies.
To try new foods, Henry has to do what’s called a food trial.

This is when he eats just a small amount of a new food for a few days to see if it makes him sick.
If Henry doesn’t get sick, it’s called a ‘pass’ and Henry can add the new food to his diet.

Hip hip hooray!
If it does make him feel sick, Henry can’t have that food again.

But that’s okay...
He can still do fun things like climb trees!
Do you know someone like Henry?
Meet Henry!
An energetic 4 year old boy living with Eosinophilic oEsophagitis.

This is based on a true story and was written to help children realise that even though they may have EoE, there are still many fun things they can do!

All proceeds from this book will help ausEE Inc. to achieve our mission to improve the lives of those affected by eosinophilic gastrointestinal disorders by providing support and information and by funding Australian medical research.

www.ausee.org