



## May/June 2013 Survey

### TOPIC: FOOD, ALLERGIES AND SYMPTOMS

Total Started Survey: 71

Total Finished Survey: 71

#### 1. Do you or your child suffer from any of the following aero allergens?

	answered question 66 <i>Percentage</i>	skipped question 5 <i>Votes</i>
Pollen	54.50%	36
Grass/Trees	54.50%	36
Animal Dander	37.90%	25
Dust mites/Dust	63.60%	42
Spores	25.80%	17
I/ My child do not have any aero allergens	22.70%	15
Other (please specify): Pollens, insect particles, feathers, pine trees, strawberries, soap, tapwater, ginger biscuits gherkin dip, chemicals, perfumes, insect repellent, smoke, paint fumes, petrol etc., not sure of triggers, not yet identified		8

#### 2. Have you or your EGID child tested positive to Skin Prick Tests? If yes, please indicate which tests were positive?

	answered question 70 <i>Percentage</i>	skipped question 1 <i>Votes</i>
Egg	44.30%	31
Dairy	24.30%	17
Wheat	27.10%	19
Soy	20.00%	14
Peanuts	28.60%	20
Treenuts	25.70%	18
Fish	11.40%	8
Shellfish	12.90%	9
Grass	34.30%	24
Pollen	30.00%	21
Trees	20.00%	14
Dust	42.90%	30
Animal Dander	25.70%	18
I/ My child has not tested positive to anything on the Skin Prick Test	20.00%	14
I/ My child have not taken a Skin Prick Test	10.00%	7
Other (please specify): Mould, Banana, Potato, Mosquito, Kiwi Fruit, Corn, Rice, Chicken, Sesame, was positive at age 1, negative now		11

#### 3. Have you or your EGID Child tested positive for Atopic Patch Testing? If yes, which were positive?

	answered question 66 <i>Percentage</i>	skipped question 5 <i>Votes</i>
Egg	19.70%	13
Dairy	16.70%	11
Wheat	16.70%	11
Soy	19.70%	13
Peanuts	6.10%	4
Treenuts	6.10%	4

Fish	12.10%	8
Shellfish	7.60%	5
Corn	15.20%	10
Aero Allergens	3.00%	2
I/ My child has not tested positive to anything on Patch Testing	7.60%	5
I/ My child have not had Patch Testing	63.60%	42
Other (please specify): tomato, rice, potato, all neocate and elecare variants, nuttelex, sweet potato, carrot, swede, choko, buckwheat, quinoa, tapioca, apples, pear, beef, pork, lamb, chicken, cocoa, peas		13

**4. Concerning your EGID, when a food reaction does occur, how quickly do you see a reaction?**

answered question 62      skipped question 9

	<i>Percentage</i>	<i>Votes</i>
Immediately	48.40%	30
After a few hours	59.70%	37
After a few days	40.30%	25
After a few weeks	11.30%	7

Other (please specify): some are immediate, usually within an hour, most 6-12 hours later, depends on the amount and type of food, not sure, has been treated for reflux for 4 years, symptoms are not always obvious, varies, don't know, we have not identified a trigger, never not symptomatic, no specific food reaction, reactions are delayed and not always noticeable

13

**5. Concerning your EGID, when a food reaction does occur, what are the main symptoms?**

answered question 67      skipped question 4

	<i>Percentage</i>	<i>Votes</i>
Rash	22.40%	15
Stomach discomfort/pain	83.60%	56
Vomiting	44.80%	30
Stool changes	46.30%	31
Behaviour changes	50.70%	34
Other (please specify):		21

eczema, food avoidance, breathing swallowing difficulty, red eyes nose mouth, swelling sometimes, pale nauseous, reflux, hot tummy and throat, choking

Leg pain, throat clearing, chest pain

Food sticking & gagging

Sweating and lots of saliva in mouth

Anaphylaxis

chest pain

Tightening of the throat. Swelling in nasal passage

food blockage

blocked nose and throat, shortness of breath

Excessive burping and sometimes reflux

Throat & mouth swelling

Bubbles in throat, throat clearing

Aggression and irritability

Chest pain, dark circles under eyes

Difficulty Swallowing

Dizziness

Nausea, leg pains

I can get very agitated and cranky

Have constant stomach discomfort

constipation

**6. When there is a food reaction, how long does it last after removing the offending food?**

	answered question 66	skipped question 5
	<i>Percentage</i>	<i>Votes</i>
Less than a day	7.60%	5
One day	7.60%	5
Two days	16.70%	11
Between 3 days and a week	51.50%	34
Longer than a week	16.70%	11

**7. After a food reaction, what helps relieve the symptoms?**

	answered question 51	skipped question 20
	<i>Percentage</i>	<i>Votes</i>
Over the counter antacid medication	15.70%	8
Prescribed PPI (proton-pump inhibitor) medication	49.00%	25
Paracetamol	37.30%	19
Ibuprofen	13.70%	7
Heat packs	33.30%	17
Ice Pack	7.80%	4
Bath	25.50%	1
Prescribed topical steroid such as flixotide or pulmicort	51.00%	26
Prescribed systemic steroid such as redipred	33.30%	17
Other (please specify):		25

Nothing  
 Epipen  
 I have been given steroids to use but this is not an immediate fix, so i tend not to take them due to the long term side effects.  
 Cornflour on rash or eczema, breastfeeding exclusively, propping up to manage throat clog choking excess saliva and breathing gagging issues  
 ENAR machine  
 No medicine helps. Cool bath And consumption of ice, hydro light ice blocks or lemonade icy poles.  
 Patience, quiet & calm environment, we have pain, then food refusal and sleeplessness, then start eating again, and catching up on sleep.  
 lorapaed, phenergan  
 antihistamine  
 time  
 and Movicol at least daily for constipation, sometimes needs picoprep.  
 Nothing, as it is usually over within 1 hour  
 Ranitidine. Aeries. Tramadol. Ultimate pain spray  
 I generally just ride it out as I only have steroids that don't work immediately anyway. I have gastroenteritis  
 Zrytec, Phenegan, Steriod creams and Epiderm cream  
 Hydrolyte ice blocks, ice cubes or lemonade icy poles  
 Nothing works at the moment  
 Actilax  
 water to get it moving and time