

News



SHOUT-OUT: Bella Gray gets a hand with her cheerleading routine from Jarah Armstrong.

PHOTO: WARREN LYNAM

Dreams take flight

By EMILY HAYNES

Rare disorder won't hold youngster back

WHEN asked what she loves more than anything in the world, Bella Gray has a quick and definitive answer. "Cheerleading, cheerleading and ... cheerleading," she laughed. "I want to be in the Olympics in 2020." The courageous 11-year-old started her favourite hobby at the end of 2013 and has been hooked ever since. "I'm a flyer because I'm

light and I have no fear," she said. The Sunshine Coast Cheerleading talent was doing all the stunts and tricks she could but, until last week, there was one thing holding her back from the "big moves". Bella suffers from eosinophilic esophagitis, a rare disorder which causes an allergic response and inflammation.

For the past four years Bella has had a stomach feeding tube to ensure she gets vital nutrients. But the feeding tube restricted her cheerleading moves and meant that her partner, Jarah Armstrong, had to be extremely careful in his throwing and catching techniques. To give her the freedom to do more stunts, Bella bravely had the feeding

tube removed last week. The change meant Bella will now rely on her own discipline to drink formula and ensure she gets all the nutrients she needs. It was a risk she was willing to take. "I don't have to worry and land in awkward positions," she said. "Without Jarah I wouldn't have the courage to do what I'm doing now."

Pride of Lions united for an afternoon

THE Lake Currumbundi-Kawana Lions Club Inc is having an information afternoon. If you have ever wondered what the Lions Club does for your community, nationally and

internationally then come along and meet the members. Lions Australia has a proud history of achievement in disaster and emergency relief, medical and community service.

Membership is open to men and women over the age of 18 years. Come along to the information afternoon at Currumbundi Special School Hall on Saturday, March 14 at 2.30pm for a 3pm start.

If you would like more information please phone President Lorraine Hendy on 0419 248 548 or Secretary Joyce Peters on 0429 291 020 or visit their website www.lakecurrumbundi.kawana.qld.lions.org.au.

SINCLAIR TOUR & TRAVEL

Day Tours - with Pick ups	Extended Tours - Small Groups!
21 Mar Pirates of Penzance QPAC.	27 Mar 2 Days Toowoomba, Hampton, Cobb & Co, Rudd's pub.
26 Mar Outback Spectacular.	13 Apr Flinders Ranges Tour.
9 Apr Sanctuary Cove Cruise/Lunch.	1 May Bright Autumn Leaves.
14 Apr John Farnham/ Olivia Newton-John.	8 May 2 day Scenic drive, Gayndah.
24 Apr Cosentino Live! Illusionist.	18 May O'Reilly's Gold Coast, 3 days.
29 Apr Kingaroy & Lady Flo's Scones.	6 June Cracker Night Tenterfield, 2 days.
10 May Cirque du Soleil.	9 June Outback Adventure. 9 days Longreach, Birdsville, Boulia, Mt Isa, Hughenden.
12 May Gayndah Citrus Day Tour.	10 July 4 day Mystery Tour.
27 May Dirty Dancing QPAC.	25 Aug Tangalooma, 3 days.
20 June Everly Brothers/Roy Orbison Tribute at Jupiters. Overnight.	Sep Outback Station, Innamincka, Thargomindah, St George.
8 July Peter Pan Old Ballet.	8 Sep Cape York, Horn Is., Thurs Is., ALL MEALS.
31 July Sinclair's 10th Birthday Lunch.	11 Sep Springtime/Floride/Bowral.
1,18 Aug Anything Goes - Todd McKenny.	Nov Perth, Western Australia.
3 Oct Strictly Ballroom.	

PRIVATE AIRPORT & CRUISE SHIP TRANSFERS

Phone today to book! (07) 5494 5083 www.sinclairtours.com

SMALLER GROUPS MORE FUN!

WURTULLA IGA WEEKLY SPECIALS

SAVE FROM \$3.99	SAVE FROM \$4.99
\$2.99 ea	\$3.99 ea
SAVE FROM \$2.99	SAVE FROM \$2.49
\$2.09 ea	\$1.79 ea
SAVE FROM \$3.99	SAVE FROM \$2.49
\$3.12 ea	\$1.74 ea

IGA Wurtulla Shopping Centre 614 Nicklin Way, Wurtulla Ph: 5493 1055 Open 7 days 6am - 8pm

like us on *How the locals like it*

Specials valid until Tuesday 17th March or while stocks last.

We're part of the team. Why don't you join us?

We recognise that local clubs, projects and community groups are an important part of the community. That's why we show our support in many different ways – like sponsoring Caloundra Junior Rugby Union.

Drop in to see Troy and the team at 99 Bulcock Street, Caloundra or phone 5492 5267 to find out more.

Bendigo Bank
Bigger than a bank.

bendigobank.com.au

Bendigo and Adelaide Bank Limited, ABN 11 068 049 178 AFSL/Australian Credit Licence 237679. 5488014 (243857_v1) (20/02/2015)